President and Executive Director’s Report

CPEA (Manitoba) Inc. has had another busy year, with both Board and staff working hard to maximize quality service delivery within financial provisions. The Board of CPA Manitoba has continued to focus its efforts on our three strategic priorities: enhancing public image, expansion of services, and professionalism. Through two major standing committees, we have not missed our objectives over the past fiscal year.

The Programs and Community Relations Committee, which includes three CPA staff members, has covered a lot of ground this year. Its work has included:

- establishing stronger ties with Children’s Rehabilitation Hospital and acute care facilities to facilitate awareness of and referrals to CPA
- collaborating with Ten Ten Sinclair Housing Inc. and the WRHA to explore housing transition options for newly injured persons from the Rehabilitation Hospital
- planning for enhanced membership renewal and benefits program
- reviewing of client survey findings to evaluate service outcomes as per our agreement with United Way of Winnipeg
- planning for the development of a video to inform newly injured persons about the roles of the various disciplines that assist them in the rehabilitation process
- enhancing our presence in the Westman Region by preparing the Terms of Reference for the developing Westman Advisory Committee (which will approve ‘Walk ‘n Roll’ funding for projects/services in Westman Region).

During the year, the Service Coordination sub-committee met four times, focusing on service delivery, new services, and additional resources to support people with spinal cord injuries. The Service Coordination Committee chair, Connie Wanner, was pleased to receive a grant for video production from the Ontario government to assist in creating an awareness video.

CPA Manitoba Inc. was very pleased to accept the Corporate Citizenship Challenge (top fundraising sector) during Wheels in Motion 2004. From left to right: Audrey McIlraith (vice chair), Janis Gilmour (secretary), Allie Lowry (treasurer) and Irene Charlton (treasurer).

Participants and friends enjoy the first ever Reclaiming Selfhood Windsor party at the Rehoboth.

Canadian Paraplegic Association (Manitoba) Inc.

Mission Statement:
To assist persons with spinal cord injury and other physical disabilities to achieve independence, self-reliance and full community participation.

What Is Spinal Cord Injury?

SCI is damage to the spinal cord when it occurs through physical trauma, illness or disease. The spinal cord is the neural tissue in the spinal canal that connects the brain to the body below the head. This neural tissue cannot normally regenerate, thus damage to it is considered permanent.

- A person with paraplegia has paralysis in the lower extremities and part of the torso.
- A person with tetraplegia has, in addition, a partial or complete paralysis of the hands and arms due to a spinal cord injury in the neck area.

New Injuries

46 new SCI between April 1, 2003 and March 31, 2004. Of these, the following are male, female, Aboriginal, non-Aboriginal, Aboriginal, 35 years old:

- 28 were traumatic, 34 non-traumatic
- 38 were paraplegic, 25 were tetraplegic
- 15 were complete, 48 were incomplete
- 20 were aged 35 and under, 43 were over 35 years old*
- 45 were male, 19 were female
- 49 were non-Aboriginal, 15 were Aboriginal

The Nature and Purpose of the Canadian Paraplegic Association (Manitoba) Inc.

CPEA (Manitoba) Inc. is a non-profit organization representing persons with spinal cord injuries (SCI) and similar disabilities in Manitoba. Accountable to a membership comprised of persons living with these disabilities, their families and supporters, CPA employs professional staff, uses committed volunteers and encourages self-help efforts to achieve its mission.

CPEA’s Core Services

CPEA (Manitoba) Inc. aspires to fulfill its Mission through the delivery of six Core Services.

Rehabilitation Counselling

Professional counselling services assist individuals in their return to an independent life in the community. CPA offers continuous support, information, community links and follow-up.

Service Coordination

A unique framework ensures overall coordination for the rehabilitation process, from injury through community integration.

Vocational/Employment Services

These services assist individuals to identify vocational alternatives and obtain employment consistent with their values, skills, abilities and interests.

Rehabilitation Counselling

CPA strives to create a society based on inclusiveness and integration and reflects on the Terms of Reference for the developing Westman Advisory Committee (which will approve ‘Walk ‘n Roll’ funding for projects/services in Westman Region).

Outcomes

Outcomes are the changes or benefits to those being served occurring as a result of program outputs/activities (CPEA’s Core Services). The outcomes usually relate to changes in knowledge, skill, attitude, values, behavior, or capacity to function.

The following outcomes are critical to the fulfillment of CPEA’s Mission:

Persons with spinal cord injuries (and other physical disabilities) will have increased capacity for independence, self-reliance and interdependent functioning.

Persons with spinal cord injuries (and other physical disabilities) will experience increased inclusion and integration as equal and valued participants in all aspects of society.

Persons with spinal cord injuries (and other physical disabilities) will live in communities that are more accessible i.e., have fewer architectural, attitudinal, and systemic barriers, and are more responsive to the needs of persons with disabilities.

Persons with spinal cord injuries (and other physical disabilities) will have increased capacity for physical, spiritual, social and emotional health and well-being.

Persons with spinal cord injuries (and other physical disabilities) will receive support required for their own adjustment and that of their families.

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The following outcomes are critical to the fulfillment of CPEA’s Mission:

Persons with spinal cord injuries (and other physical disabilities) will have increased capacity for independence, self-reliance and full community participation.

Persons with spinal cord injuries (and other physical disabilities) will experience increased inclusion and integration as equal and valued participants in all aspects of society.

Persons with spinal cord injuries (and other physical disabilities) will live in communities that are more accessible i.e., have fewer architectural, attitudinal, and systemic barriers, and are more responsive to the needs of persons with disabilities.

Persons with spinal cord injuries (and other physical disabilities) will receive support required for their own adjustment and that of their families.

Persons with spinal cord injuries (and other physical disabilities) will have increased capacity to attain economic security.

Indicators

Indicators are a series of results whose achievement represents milestones towards the outcomes; they represent how well a program is doing and whether the outcomes have been achieved. CPA monitors indicators through the following:

- Computerized Case Management System
- Stakeholder Feedback survey, CPA Client Survey
- Client Services Needs Assessment
- Other Data Collection

Version française disponible à: www.cpsamanitoba.ca
French version available at: www.cpsamanitoba.ca
In addition to regular client services activities, CPA was involved in a wide range of community advocacy activities this past year including: 
- exploration of attendant services provisions
- Universal Design Committee for new airport terminal
- The City of Winnipeg Accessibility Award (winners: Government - ACCESS River East; Residential: Single Family Dwelling; Non-Profit Project: Grosvenor School Playground)
- Support for Court Challenge on National Building Code
- Joint Community and Government Members Committee on Disability-Related Employment and Income Assistance Issues
- WRHA’s Wheelchair Mobility Steering Committee
- Hand-Transit Policy Advisory Committee
- Soliciting (and obtaining) political intervention on federal employment and housing initiatives
- Rick Hansen Solutions in Motion Alliance - input on national SCI strategy to accelerate quality of life improvements

Research

Through the Manitoba Paraplegia Foundation Inc., CPA directs funds toward treatments and a cure for spinal cord paralysis. CPA also supports spinal cord research through its active role in Rick Hansen Wheels in Motion, by informing CPA clients and members of research participation opportunities.

2004/05 CPA (Manitoba) Inc. Staff
- Audrey McNab - MSc, BSR, Executive Director
- Danielle Cooper - BSiw, ACP, COP, Director of Rehabilitation Services
- Lorrie Charette - BA, Dipl. Comm., Communications & Public Education Coordinator
- Adrienne Conley - Executive Assistant
- Roslyn Dooley - Accounting Officer
- Yvette Rivera-Czerny - MSW, Rehab Counsellor
- Greg Wirmli - ARP, Rehab Counsellor
- Pauline Wood Stelman - BA, Rehab Counsellor
- Dan Joannides - BSR, Rehab Counsellor
- Collin Mathison - Community Resource Specialist (Barrier Free Design/Recruitment)

Our thanks to the following CPA members and donors for their continued support of CPA's programs and services: I wish to thank our Accounting Officer, Roslyn Dooley for her hard work and dedication, and thank Bruce Jack, Louise Hunter, Michael Wisdom, and John Guthrie of Deloitte & Touche LLP for their services in the preparation of our Audited Financial Statements.

Treasure's Report

On behalf of the Board, I am reporting that the 2004/05 year ended with a Deficiency of Revenue over Expenses of $835.00.

Our total revenue increased by $13,905 compared to the previous year, primarily due to support in the amount of $71,609 from CPA National projects (federal Opportunities Fund program), and grants from The Winnipeg Foundation ($27,500) and Manitoba Paraplegia Foundation ($15,000) to support the new position of Communications and Public Relations Coordinator. Also, Province of Manitoba’s Family Services & Housing increased their support for our rehabilitation services, totaling $238,000. Health Canada’s First Nations & Inuit Health Branch increased support for First Nations, totaling $71,494. The United Way of Winnipeg also increased their support for a total amount of $106,000. The Winnipeg Regional Authority continued to support our in-hospital rehab services in the amount of $54,928. Manitoba Community Services Board of Manitoba funded $20,000 for rehab services for persons injured through work. $5,593 of the $8,800 Rick Hansen Foundation grant from June 2004 Wheels of Motion event was allocated this year to support a pilot project for newly injured persons. The decision to end our fee-for-service programs with Insurance companies resulted in $24,688 revenues compared to $70,479 in the prior year, as well as lower expense and cost recovery for client equipment and training.

Our Rehab Services Program and Advocacy/Information Program expenses increased by $19,368 and $15,218 respectively, primarily reflecting staffing costs for new programs. Total expenses increased by $14,790 compared to the previous year.

We wish to extend our sincere gratitude to our funders, members and donors for their continued support of CPA’s programs and services. I wish to thank our Accounting Officer, Roslyn Dooley for her hard work and dedication, and thank Bruce Jack, Louise Hunter, Michael Wisdom, and John Guthrie of Deloitte & Touche LLP for their services in the preparation of our Audited Financial Statements.